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# Activity Guide

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## Mufaro's Beautiful Daughters

### ABOUT THE STORY

Mufaro has two daughters: Nyasha, who is kind and gentle, and Manyara, who is ill-tempered and unhappy. When the king announces that he is looking for a wife, both girls travel to the city. Manyara is determined to become queen, no matter what; Nyasha is sorry to leave her home and the people and animals there. What happens to the two girls when they reach the king's city is revealed in this traditional African folktale.

### ABOUT THE AUTHOR/ILLUSTRATOR

John Steptoe (1950-1989) was born in Brooklyn, New York. He studied illustration at the High School of Art and Design in New York City and at Vermont Academy. His first book, *Stevie*, was published when he was only 18 and was followed by more than a dozen popular picture books. He was inspired to write *Mufaro's Beautiful Daughters* by a folktale published in 1895. His illustrations are based on the plants and animals of Zimbabwe and on the ruins of an ancient city found there. *Mufaro's Beautiful Daughters* won both a Caldecott Honor Medal and a Coretta Scott King Award.

### INTRODUCING THE STORY

Ask children if they can think of any folktales or fairy tales that feature a prince or king who is looking for a wife. List responses on the chalkboard. Explain that the story they will read treats the same theme, but with a new twist.

### READING ACTIVITIES

#### **Comprehension/Thinking Skills**

- "What does Manyara think of Nyasha?"
- "What animal does Nyasha befriend?"
- "What does the old woman tell Manyara to do? Does she do it?"
- "How does Nyasha treat the boy and the old woman?"
- "How does Nyasha react when she sees the city?"
- "Were you surprised at the snake's identity? Why or why not?" (*Make predictions*)
- "How are the two sisters similar? How are they different?" (*Compare and contrast*)

### Vocabulary

Write these words in a box on the chalkboard. Then ask children to choose the word from the box that best completes each sentence.

considerate    praise    servant    bountiful    proclaimed

- Nyasha's vegetable garden was always \_\_\_\_\_.
- Manyara never had any words of \_\_\_\_\_ for her sister.
- Nyasha was very \_\_\_\_\_ to everyone she met on her journey.
- Which sister will be the queen, and which will be the \_\_\_\_\_?
- The king \_\_\_\_\_ that it was Nyasha he loved.

### CROSS-CURRICULAR ACTIVITIES

#### **Science: African Animals**

The illustrations show many different kinds of animals found in Africa. Have children work in pairs to choose one of the animals in the illustrations to identify. Partners can write a paragraph about the animal they have chosen, using an encyclopedia or other source material to find information about it.

#### **Social Studies: Zimbabwe**

John Steptoe's illustrations are based on the plant and animal life of Zimbabwe. Ask children to work in groups to find information on Zimbabwe. Using encyclopedias and other source material, they can write down important facts and statistics about the country to share with the rest of the class.

#### **Health: African Ingredients**

Among the crops that Nyasha grows are millet and yams. Ask children to look through cookbooks — especially African cookbooks, such as *The People of Africa and Their Food* by Ann L. Burckhardt — for recipes including either of these ingredients. Children can collect their recipes together in a class cookbook.

#### **Language Arts: African Folktales**

Ask children to look in collections of African or multicultural folktales to find another tale they like. Encourage them to retell the tale in their own words (noting the title and author of the original tale at the end). They can illustrate their folktales and collect them together in a class book of African folktales.

### INTERNET ACTIVITY

Before you send children to do research using any of the keywords listed below, you may wish to try them yourself to be sure the sites are suitable.

#### **The Shona Language**

In the Shona language, Mufaro means "happy man," Nyasha means "mercy," Manyara means "ashamed," and Nyoka means "snake." Ask children to search the Internet to find more words from the Shona language, using the keyword *Shona*. Children can work together to create a Shona dictionary.



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## Las Bellas Hijas de Mufaro

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### ABOUT THE STORY

Inspired by an African folktale originally published in 1895, this story tells of Mufaro's two beautiful daughters, Nyasha, who is sweet and kind, and Manyara, who is selfish and ill-tempered. When the king announces that he will choose a bride from among the most worthy and beautiful daughters in the land, Manyara resolves to be the one chosen. Details and illustrations are based on the ruins and on the flora and fauna of the Zimbabwe region.

### INTRODUCING THE BOOK

Explain to students that this is a modern fable, inspired by a folktale about a man who has two beautiful daughters – one who is kind and loving and the other, ill-tempered and selfish. When Mufaro hears that the king is looking for a queen, he declares that only the king could choose between Nyasha and Manyara. Ask the students what traits the king might look for in a queen.

### INTRODUCING THE STORY

Ask children how they think mice, cats, and dogs interact. Explain that this book is about a cat that invites mice to dinner and gets a surprise guest.

### READING ACTIVITIES

#### Comprehension/Thinking Skills

- “What did Nyasha do when she found the little snake in her garden?”
- “What did Manyara do when she found out that the king was looking for a wife?”
- “Why do you think Manyara saw a monster when she got to the city?”
- Compare the ways that Manyara and Nyasha are treated by the people they met on the road to the city.” (*Make judgments*)
- “How did Manyara feel about Nyasha? How did Nyasha feel about Manyara?” (*Make inferences*)
- “How do you think Nyasha treated Manyara when she was queen? Explain.” (*Draw conclusions*)

### Verbos y Adverbos

Verbs are action words. Have children act out these and other verbs from the story:

cantar	plantar	encontrar	buscar
reír	llevar	correr	gritar
llorar	volar		

Adverbs are words that describe verbs. They often answer the question “how”. In Spanish, adverbs are formed by adding *-mente* to the feminine form of an adjective. Look at the following examples from the story.

Esa noche, Manyara se escabulló silenciosamente fuera de la villa.

(That night, Manyara slipped away silently from the village.)

Entonces, miró, directamente a los árboles y se rió fuertemente.

(Then, she looked directly at the trees and laughed loudly.)

Have children find other examples in the book. Then have them form adverbs from these adjectives. Use them in sentences.

rápido	lente	claro	correcto
cortés	contento	cuidadosa	tranquilo

### CROSS-CURRICULAR ACTIVITIES

#### Art: Beautiful Birds

Look at the illustrations in *Las Bellas Hijas de Mufaro*. The artist uses bold strokes and brilliant colors to depict the beautiful birds and wildlife native to Zimbabwe. Supply various materials (paints, pastels, tissue paper, etc.) for children to create their own “beautiful birds”. Use the book or other reference guides for ideas. The birds can be used as part of a bulletin board display.

#### Geography: Where in the World

Duplicate and hand out copies of an outline map of Africa. Locate and color Zimbabwe, the setting for this story, on the map. Research with children to learn basic facts about the country of Zimbabwe.

#### Social Studies: Brothers and Sisters

Brothers and sisters who do not get along is a common theme in many folktales. Have children think of other stories they know where brothers and sisters are at odds (Cinderella, Beauty and the Beast, etc.). Read one or more and have children determine in what ways the story is the same as and different from this one.

#### Language Arts: What's in a Name?

On the dedication page, it says that in the Shona language, Nyasha means “compassion” and Manyara means “ashamed”. How are Mufaro's daughters like their names? Use examples from the story to explain your answer.